

1,000+ Native English Phrases

Idioms & expressions for natural, confident, native-sounding English

A working reference of the expressions native speakers actually use — grouped by situation so you can find the right thing to say in the moment: giving an opinion, hesitating, agreeing, wrapping up a meeting, and dozens more.

How to use it: Don't memorize the whole thing. Pick one section, read the phrases out loud, and choose two or three that feel like you. Slip them into real conversations this week, then come back for more. Natural English is built one phrase at a time.

1018 phrases · 72 everyday situations

Asking for Input & Opinions

- What's your two cents?
- Where do you land on this?
- What's the verdict?
- What's your gut feeling?
- Care to weigh in?
- What's the read here?
- Penny for your thoughts?
- Hit me with it.
- Can I pick your brain?
- What's your take?
- How do you see it?
- Where's your head at on this?
- Any thoughts?
- What's your feedback on this?
- Tell me your perspective.

Giving Your Opinion & Weighing In

- If you ask me,
- The way I see it,
- To my mind,
- As far as I'm concerned,
- If I'm being honest,
- I'd say
- Off the top of my head,
- For what it's worth,
- I'm inclined to think
- Personally,
- The bottom line is
- I stand by that.
- Here's my take.
- From my perspective,
- I'd argue that

Agreeing & Expressing Understanding

- We're on the same page.
- I hear you loud and clear.
- You hit the nail on the head.
- Preach.
- You can say that again.
- I'm with you on that.
- That tracks.
- Makes perfect sense.
- I get the gist.
- Spot on.
- Couldn't agree more.
- No argument here.

- You're telling me.
- I'm on board.
- That makes sense.

Disagreeing (Politely & Firmly)

- I beg to differ.
- I see it differently.
- I'm not so sure about that.
- With all due respect,
- I hate to say it, but
- That's not how I'd put it.
- I'm going to have to disagree.
- Let's agree to disagree.
- I'm not sold on that.
- I have my doubts.
- That doesn't sit right with me.
- I wouldn't go that far.
- Respectfully, I'll have to disagree.
- Hold on a second.

Showing Uncertainty or Hesitation

- I'm on the fence.
- It's up in the air.
- Let me sleep on it.
- I'm drawing a blank.
- Take it with a grain of salt.
- It's a toss-up.
- That's a gray area.
- Playing devil's advocate here.
- Let's play it by ear.
- Don't quote me on this.
- I could be wrong, but
- Your guess is as good as mine.
- It's hard to say.
- I'm not entirely sure.
- I'm not convinced yet.
- I'm not sure.

Being Confident & Certain

- Mark my words.
- I'd bet on it.
- Hands down.
- No doubt about it.
- You can count on it.
- Trust me on this.
- Without a shadow of a doubt.
- I'd put money on it.

- Take it to the bank.
- Rest assured.
- I'm dead certain.
- Sure as day.
- You have my word.
- There's no question.

Casual Workplace & Daily Flow

- Let's touch base.
- Keep me in the loop.
- Let's get the ball rolling.
- Cut to the chase.
- Call it a day.
- Put out fires.
- Give it to me straight.
- Wing it.
- Rule of thumb.
- On the same wavelength.
- Circle back.
- Ballpark figure.
- Wrapping up.
- Fill me in.

Meetings & Collaboration

- Let's take this offline.
- Can we table this?
- Let's park that for now.
- I'll take the lead on this.
- Let's divide and conquer.
- Run it by me.
- Let's hash it out.
- Put a pin in it.
- Let's not reinvent the wheel.
- We're all ears.
- Let's align on this.
- Bring it to the table.
- Let's take it from the top.
- Let's open the floor.

Setting Expectations & Reality

- It's a no-brainer.
- Out of the blue.
- Back to square one.
- Jump the gun.
- Miss the boat.
- Read between the lines.
- Water under the bridge.

- Bite the bullet.
- Cut them some slack.
- Hang in there.
- Easier said than done.
- It is what it is.
- Let's not get ahead of ourselves.
- Manage your expectations.

Deadlines, Time & Urgency

- We're down to the wire.
- The clock is ticking.
- Crunch time.
- Beat the clock.
- In the nick of time.
- Against the clock.
- Buy some time.
- Drop everything.
- Ahead of schedule.
- Push it back.
- Squeeze it in.
- Right off the bat.
- Time's up.
- Cutting it close.

Making Decisions

- Let's pull the trigger.
- Make the call.
- Go for it.
- Weigh the pros and cons.
- Take the plunge.
- Go with your gut.
- Flip a coin.
- Cross that bridge when we come to it.
- Set it in stone.
- Keep our options open.
- Call the shots.
- Take a leap of faith.
- Roll the dice.
- Make up your mind.

Problem-Solving & Troubleshooting

- Let's get to the bottom of it.
- Nip it in the bud.
- Think outside the box.
- Back to the drawing board.
- Iron out the kinks.
- Find a workaround.

- Tackle it head-on.
- Break it down.
- Connect the dots.
- Get to the root of it.
- A quick fix.
- Put our heads together.
- Cover all our bases.
- Troubleshoot it.

Encouragement & Support

- You've got this.
- Keep your chin up.
- Don't sweat it.
- It'll all work out.
- Take it one step at a time.
- You're on the right track.
- Rome wasn't built in a day.
- Cut yourself some slack.
- Believe in yourself.
- Keep at it.
- You're almost there.
- Don't give up.
- Hang tough.
- I've got your back.

Small Talk & Greetings

- How's it going?
- What's new?
- Long time no see.
- What have you been up to?
- Good to see you.
- How've you been?
- What's up?
- Fancy seeing you here.
- How's life treating you?
- Can't complain.
- Same old, same old.
- Keeping busy.
- Living the dream.
- Not much, you?

Ending Conversations & Wrapping Up

- Let's wrap this up.
- I'll let you go.
- We'll pick this up later.
- To make a long story short,
- Let's just call it a day.

- That about covers it.
- Let's leave it there.
- Keep in touch.
- Talk soon.
- I've got to run.
- Let's continue this another time.
- Catch you later.
- We'll take it from here.
- That covers everything.

Money & Cost

- It costs an arm and a leg.
- Break the bank.
- Money doesn't grow on trees.
- A rip-off.
- Cut corners.
- Pinch pennies.
- Foot the bill.
- Worth every penny.
- On a shoestring budget.
- Bang for your buck.
- In the red.
- Chip in.
- Tight budget.
- That's a bit pricey.

Effort, Hard Work & Difficulty

- Go the extra mile.
- Give it your all.
- Roll up your sleeves.
- Pull an all-nighter.
- Burn the midnight oil.
- Bend over backwards.
- Work your tail off.
- No pain, no gain.
- Put in the hours.
- Grind it out.
- Pull your weight.
- Get your hands dirty.
- Sweat it out.
- No small task.

Success & Winning

- Nailed it.
- Knock it out of the park.
- Ace it.
- Come out on top.

- Hit the jackpot.
- Pull it off.
- Crush it.
- Be on a roll.
- Steal the show.
- Pass with flying colors.
- Take the cake.
- Win hands down.
- Hit it big.
- Smash it.

Failure & Mistakes

- Drop the ball.
- Miss the mark.
- Blow it.
- Bite off more than you can chew.
- Fall flat.
- Bomb.
- Learn it the hard way.
- Slip through the cracks.
- Throw in the towel.
- Hit a wall.
- Get in over your head.
- Go belly up.
- Fumble it.
- Not our best moment.

Being Busy & Overwhelmed

- Swamped.
- Up to my ears.
- Spread too thin.
- Juggling a lot.
- I have a lot on my plate.
- Buried in work.
- Stretched thin.
- Can't catch a break.
- Slammed.
- In the weeds.
- Drowning in it.
- Maxed out.
- I'm tied up.
- My schedule is packed.

Relaxing & Taking It Easy

- Kick back.
- Take a breather.
- Chill out.

- Unwind.
- Take it easy.
- Recharge my batteries.
- Put my feet up.
- Take a load off.
- Veg out.
- Catch my breath.
- Take five.
- Wind down.
- Coast for a bit.
- Switch off.

Surprise & Reactions

- No way!
- You're kidding.
- Get out of here!
- Shut the front door.
- I can't believe it.
- That blew my mind.
- Out of nowhere.
- Who would've thought.
- That caught me off guard.
- Well, I'll be.
- What a shocker.
- You could've fooled me.
- That came out of left field.
- No kidding.
- Who'd have thunk it.

Emphasis & Exaggeration

- A million times.
- Once in a blue moon.
- Over the moon.
- The whole nine yards.
- Every last one.
- Through the roof.
- Like there's no tomorrow.
- Head over heels.
- Not in a million years.
- Till the cows come home.
- In a heartbeat.
- By a mile.
- To the moon and back.
- Hands down the best.

Being Honest & Direct

- To be honest,

- Let's be real.
- No sugarcoating it,
- Straight up,
- I'll level with you.
- Frankly,
- Not gonna lie,
- Let me be blunt.
- Real talk.
- I'll be upfront.
- To tell you the truth,
- Here's the deal.
- I'll give it to you straight.
- No beating around the bush.

Sharing News & Information

- Guess what?
- You'll never believe this.
- Word on the street is
- I heard through the grapevine
- Keep this under your hat.
- Between us,
- Spill the beans.
- Here's the scoop.
- Just so you know,
- FYI,
- The latest is
- For the record,
- Off the record,
- Believe it or not,

Frustration & Annoyance

- That's the last straw.
- I've had it up to here.
- It drives me up the wall.
- Give me a break.
- You've got to be kidding me.
- I'm at my wit's end.
- It gets on my nerves.
- Enough is enough.
- I'm fed up.
- What a pain.
- It rubs me the wrong way.
- I'm losing my patience.
- That's a headache.
- I've reached my limit.

Excitement & Enthusiasm

- I can't wait.
- I'm pumped.
- Count me in.
- I'm all for it.
- I'm stoked.
- Bring it on.
- Sign me up.
- I'm thrilled.
- This is huge.
- I'm buzzing with excitement.
- Let's do this.
- I'm dying to.
- I'm over the moon about it.
- I'm all in.

Warnings & Caution

- Watch your step.
- Better safe than sorry.
- Don't push your luck.
- Tread carefully.
- Keep your eyes peeled.
- Look before you leap.
- Don't count your chickens.
- Play it safe.
- Proceed with caution.
- Heads up.
- Watch out.
- Steer clear of it.
- Don't rock the boat.
- Be careful.
- Keep an eye out.

Persuading & Convincing

- Hear me out.
- Think about it this way.
- What have you got to lose?
- Give it a shot.
- You won't regret it.
- Take my word for it.
- Look at it this way.
- Do yourself a favor.
- It's a win-win.
- Just try it.
- Bear with me.
- Trust the process.
- Keep an open mind.

- Give it a chance.

Negotiating & Compromise

- Let's meet in the middle.
- Give and take.
- Let's split the difference.
- What's the catch?
- I can live with that.
- Let's make a deal.
- Throw in something extra.
- That's a fair point.
- Let's find common ground.
- Deal.
- Let's shake on it.
- Where do we go from here?
- Let's sweeten the deal.
- That works for me.
- Are we in agreement?

Job Interviews & Professional Impression

- I bring a lot to the table.
- I'm a team player.
- I hit the ground running.
- I think on my feet.
- I go above and beyond.
- I'm a quick study.
- I wear many hats.
- I'm results-driven.
- I take ownership.
- I'm a self-starter.
- I roll with the punches.
- I thrive under pressure.
- I'm hands-on.
- I'm a problem-solver.

Networking & Relationships

- Let's stay in touch.
- Put in a good word.
- We hit it off.
- Break the ice.
- Get on someone's radar.
- Build a rapport.
- Small world.
- Let's grab a coffee.
- I'll connect you.
- We go way back.

- Keep the door open.
- Reach out.
- Let's cross paths again.
- Pick up where we left off.

Understanding & Clarifying

- Let me get this straight.
- Just to be clear,
- Correct me if I'm wrong,
- What do you mean by that?
- In other words,
- So what you're saying is
- Can you run that by me again?
- If I understand correctly,
- Break it down for me.
- I'm not following.
- Bear with me here.
- Let me make sure I've got this.
- Come again?
- That's clear as mud.

Changing the Subject

- Anyway,
- On another note,
- That reminds me,
- Speaking of which,
- Before I forget,
- Moving on,
- By the way,
- Changing the subject,
- While we're on the topic,
- Not to change the subject, but
- Let's switch gears.
- On a different note,
- That aside,
- Which reminds me,

Making Plans & Arrangements

- Let's set something up.
- Pencil me in.
- Are you free?
- Let's nail down a time.
- I'll take a rain check.
- Save the date.
- Let's lock it in.
- I'll get back to you.
- Does that work for you?

- Let's find a slot.
- Mark your calendar.
- Sometime next week?
- Let's firm up the details.
- I'm free whenever.

Feelings, Energy & Health

- I'm under the weather.
- I'm running on empty.
- I'm feeling off.
- I'm on top of the world.
- I'm dead tired.
- I'm dragging today.
- I'm back on my feet.
- I feel like a million bucks.
- I'm burnt out.
- I've got a second wind.
- I'm out of it.
- I need to recharge.
- I'm wiped out.
- I'm in great shape.

Confidence & Self-Belief

- Own the room.
- Fake it till you make it.
- Stand tall.
- Back yourself.
- Rise to the occasion.
- Hold your own.
- Find your voice.
- Step up.
- Shake it off.
- Be your own biggest fan.
- Trust your instincts.
- Carry yourself well.
- Speak your mind.
- Command respect.

Learning & Improving

- Get the hang of it.
- Pick it up quickly.
- Practice makes perfect.
- Learn the ropes.
- Level up.
- Sharpen your skills.
- It's second nature.
- Take it to the next level.

- Brush up on it.
- Master the basics.
- Keep growing.
- Learn by doing.
- Raise the bar.
- Find your footing.

Natural Fillers & Connectors

- You know what I mean?
- Like I said,
- The thing is,
- To be fair,
- Come to think of it,
- Now that you mention it,
- All things considered,
- If anything,
- More or less,
- Give or take,
- As it turns out,
- At the end of the day,
- That being said,
- Long story short,

Phone, Email & Digital

- Shoot me an email.
- Drop me a line.
- Ping me.
- Let's hop on a call.
- Can you hear me okay?
- You're breaking up.
- Let's take this to email.
- I'll follow up.
- Loop them in on the thread.
- Let's jump on a quick call.
- I'll circle back to you.
- Let me check and revert.
- Sorry, I dropped off.
- Let's sync up online.

Apologizing & Owning Mistakes

- My bad.
- That's on me.
- I owe you an apology.
- I really messed up.
- My apologies.
- I take full responsibility.
- I didn't mean to.

- Sorry for the mix-up.
- I'll make it right.
- That was my fault.
- I should've known better.
- Please forgive me.
- It won't happen again.
- No excuse for it.

Nerves, Stress & Anxiety

- Butterflies in my stomach.
- I've got cold feet.
- My mind went blank.
- A bundle of nerves.
- My heart's racing.
- I'm freaking out.
- I'm a nervous wreck.
- My palms are sweaty.
- I'm on edge.
- I'm sweating bullets.
- I've got the jitters.
- My stomach's in knots.
- I'm shaking in my boots.
- I choked.

Gratitude & Appreciation

- I owe you one.
- You're a lifesaver.
- I can't thank you enough.
- I really appreciate it.
- You're the best.
- Much obliged.
- I'm forever grateful.
- Thanks a million.
- You didn't have to.
- I appreciate you.
- That means a lot.
- You saved my skin.
- I'm in your debt.
- Thanks for looking out.

Compliments (Giving & Receiving)

- You're a natural.
- Hats off to you.
- You outdid yourself.
- You're too kind.
- You've got a gift.
- I'm impressed.

- That was brilliant.
- Take a bow.
- You should be proud.
- Kudos to you.
- You're making me blush.
- That's kind of you to say.
- You've really got it.
- Well deserved.

Describing People & Personality

- Down to earth.
- A people person.
- Sharp as a tack.
- The life of the party.
- A go-getter.
- Heart of gold.
- A tough cookie.
- Full of himself.
- A social butterfly.
- Set in their ways.
- A straight shooter.
- Salt of the earth.
- A know-it-all.
- Easy-going.

Describing Things (Quality & Judgments)

- Top-notch.
- Hit or miss.
- Run of the mill.
- A game changer.
- Second to none.
- Nothing to write home about.
- The real deal.
- A hidden gem.
- Overrated.
- Cutting edge.
- Rough around the edges.
- State of the art.
- A dime a dozen.
- Worth its weight in gold.

Reassuring & Calming Someone Down

- Take a deep breath.
- It's not the end of the world.
- We'll figure it out.
- No harm done.

- Everything's going to be okay.
- Don't be so hard on yourself.
- One thing at a time.
- You're overthinking it.
- Just breathe.
- It happens to everyone.
- Don't panic.
- Ease up on yourself.
- Calm down.
- It's all good.

Handling Awkward or Tense Moments

- Let's clear the air.
- No hard feelings.
- Bury the hatchet.
- Smooth things over.
- Let's not make it weird.
- We got off on the wrong foot.
- Let bygones be bygones.
- Let's start fresh.
- I didn't mean anything by it.
- Are we good?
- Let's put it behind us.
- No offense.
- Let's move past this.
- Let's hit reset.

Politeness & Social Grace

- After you.
- No worries at all.
- My pleasure.
- Don't mention it.
- If you don't mind.
- Would you be so kind?
- Pardon me.
- Excuse me for a moment.
- It's no trouble.
- Please, go ahead.
- Not at all.
- Be my guest.
- If it's not too much trouble.
- Take your time.

Comparisons & Contrasts

- Apples to oranges.
- Night and day.
- A far cry from.

- In a league of its own.
- The lesser of two evils.
- On another level.
- Neck and neck.
- Head and shoulders above.
- The best of both worlds.
- Worlds apart.
- Cut from the same cloth.
- A whole different ballgame.
- Streets ahead.
- Oil and water.

Restaurants & Ordering

- What do you recommend?
- I'll have the usual.
- Could we get the check?
- What are the specials?
- I'll take that to go.
- Can we split the bill?
- Keep the change.
- On the house.
- It's my treat.
- Table for two.
- Could I get a refill?
- I'm stuffed.
- Send my compliments to the chef.
- I'm still deciding.

Travel & Getting Around

- Where's the nearest...?
- How do I get to...?
- Is it within walking distance?
- I'm just passing through.
- Let's hit the road.
- We're running late for our flight.
- Do you take card or cash?
- Can you point me in the right direction?
- Off the beaten path.
- I'm jet-lagged.
- Where are we headed?
- Buckle up.
- Are we there yet?
- Let's grab a cab.

Dating & Relationships

- There's chemistry between us.
- I've got a crush on him.

- We're just talking.
- Ask her out.
- They're a match made in heaven.
- We're taking it slow.
- He's out of my league.
- Let's make it official.
- They tied the knot.
- We drifted apart.
- It's complicated.
- She's the one.
- We're on the rocks.
- Pop the question.

Sports & Friendly Banter

- Game on.
- Bring your A-game.
- You're going down.
- May the best man win.
- Don't choke.
- We got smoked.
- It's a nail-biter.
- It's anybody's game.
- Give it your best shot.
- Leave it all on the field.
- Eat my dust.
- Better luck next time.
- We wiped the floor with them.
- In it to win it.
- Good game.

Setting Boundaries & Saying No

- I'll have to pass.
- That's not going to work for me.
- I'd rather not.
- I don't have the bandwidth.
- That's out of my hands.
- I need to draw the line.
- Please respect my time.
- No means no.
- I'm going to sit this one out.
- Count me out.
- That crosses a line.
- I can't commit to that.
- Thanks, but no thanks.
- Let's keep it professional.

Interrupting & Jumping In

- Can I jump in here?
- Sorry to cut in.
- If I may,
- Quick question.
- Hold that thought.
- Just to add to that,
- Can I say something?
- Real quick,
- Before you continue,
- Mind if I chime in?
- Let me stop you there.
- One more thing,
- Sorry to interrupt,
- Can I get a word in?

Storytelling & Anecdotes

- So here's what happened.
- You had to be there.
- Picture this.
- It all started when...
- The funny thing is,
- And get this,
- Fast forward to...
- Next thing I knew,
- You won't believe what happened.
- I'll never forget the time...
- The moral of the story is,
- To set the scene,
- And the rest is history.
- Long story, but...
- I've got some tea.

Sadness & Disappointment

- Down in the dumps.
- Bummed out.
- What a letdown.
- I'm gutted.
- Heavy heart.
- Feeling blue.
- It broke my heart.
- I'm crushed.
- That stings.
- A tough pill to swallow.
- Down and out.
- My heart sank.
- I was let down.

- It's a real shame.

Confusion & Not Understanding

- It's all Greek to me.
- You've lost me.
- It's over my head.
- I can't make heads or tails of it.
- I'm scratching my head.
- I'm baffled.
- It doesn't add up.
- I'm at a loss.
- What on earth?
- It makes no sense to me.
- I'm lost.
- I'm stumped.
- Beats me.
- I haven't got a clue.

Memory & Forgetting

- It slipped my mind.
- On the tip of my tongue.
- Jog my memory.
- Does that ring a bell?
- It rings a bell.
- My memory's foggy.
- I completely blanked.
- It escapes me.
- I lost my train of thought.
- Refresh my memory.
- I forgot all about it.
- It's coming back to me.
- Note to self.
- It went in one ear and out the other.

Secrets & Confidentiality

- Keep it under wraps.
- Let the cat out of the bag.
- My lips are sealed.
- Keep it on the down-low.
- Between these four walls.
- Don't breathe a word.
- Your secret's safe with me.
- Hush-hush.
- Off the books.
- Loose lips sink ships.
- Spill the tea.
- Keep it to yourself.

- On the QT.
- Between you and me.

Luck & Chance

- Beginner's luck.
- The luck of the draw.
- Fingers crossed.
- Against all odds.
- The stars aligned.
- Lucky break.
- Down on my luck.
- Better lucky than good.
- Third time's the charm.
- Blessing in disguise.
- Knock on wood.
- The odds are in our favor.
- A stroke of luck.
- Just my luck.

Risk & Bravery

- Go out on a limb.
- Throw caution to the wind.
- No guts, no glory.
- Stick your neck out.
- Take a gamble.
- Face the music.
- Face your fears.
- Go all in.
- Dive in headfirst.
- Live on the edge.
- Nothing ventured, nothing gained.
- Take the bull by the horns.
- Push the envelope.
- Fortune favors the bold.

Patience & Waiting

- Hold your horses.
- In due time.
- Good things come to those who wait.
- Sit tight.
- The waiting game.
- Hang tight.
- All in good time.
- Patience is a virtue.
- Don't rush it.
- Give it time.
- Hurry up and wait.

- Any minute now.
- Wait it out.
- This too shall pass.

Habits & Routines

- Creature of habit.
- Stuck in a rut.
- Old habits die hard.
- Like clockwork.
- Force of habit.
- Same old routine.
- Break the habit.
- Part of my routine.
- Autopilot.
- Day in, day out.
- Kick the habit.
- Get into the groove.
- Shake things up.
- By force of habit.

Making Requests & Asking for Help

- Could you do me a favor?
- Would you mind?
- Can you lend me a hand?
- I hate to ask, but
- Do you have a minute?
- Could you help me out?
- Would it be possible to
- Can I get your help with this?
- I could use a hand.
- Mind giving me a hand?
- Any chance you could
- Bail me out.
- Throw me a bone.
- Help me out here.

Offering Help

- Say no more.
- I've got it covered.
- Leave it to me.
- Happy to help.
- I'll take care of it.
- Let me give you a hand.
- Consider it done.
- I'm on it.
- What can I do?
- Don't worry about a thing.

- You can count on me.
- No problem at all.
- I'll handle it.
- Just say the word.

Congratulations & Celebrations

- Way to go!
- You did it!
- Congrats!
- I'm so proud of you.
- Here's to you!
- You earned it.
- That calls for a celebration.
- Cheers to that!
- Many congratulations.
- Give yourself a pat on the back.
- Take a victory lap.
- Break out the champagne.
- Let's celebrate.
- That's worth celebrating.

Sympathy & Condolences

- My heart goes out to you.
- I'm so sorry for your loss.
- If there's anything I can do,
- I'm here for you.
- Thinking of you.
- My deepest condolences.
- Take all the time you need.
- I can't imagine what you're going through.
- Lean on me.
- You're in my thoughts.
- Sending you love.
- Stay strong.
- It's okay to not be okay.
- I've got a shoulder if you need it.

Weather & Small Talk

- It's pouring.
- Raining cats and dogs.
- It's a scorcher.
- Bundle up.
- Nice out, isn't it?
- It's a heat wave.
- Freezing cold.
- It's coming down hard.
- A bit nippy.

- Bright and sunny.
- Gray and gloomy.
- The calm before the storm.
- Perfect weather for it.
- Looks like rain.

Technology & Social Media

- It's going viral.
- Slide into the DMs.
- Doom-scrolling.
- It's glitching.
- Screenshot it.
- My phone died.
- It's blowing up my notifications.
- Down the rabbit hole.
- It's trending.
- Left on read.
- They ghosted me.
- Charge your phone.
- Log off for a bit.
- It crashed on me.

Cooking & Food

- Whip something up.
- Made from scratch.
- A pinch of salt.
- Let it simmer.
- Comfort food.
- My mouth is watering.
- A home-cooked meal.
- Dig in.
- Save room for dessert.
- It hit the spot.
- Grab a bite.
- A quick bite.
- Cook up a storm.
- The proof is in the pudding.